

SCHEDULE

COMMUNITY CLASSES \$10 DONATION APPRECIATED

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 am	CORE VINYASA MARY 1hr	CORE VINYASA AMY/MARIANA 1hr	CORE VINYASA TASHA 1hr	CORE VINYASA ROSEANNE 1hr	CORE VINYASA LIZ W 1hr		
7:30 am						CORE VINYASA LIZ M. 1hr	CORE VINYASA SARAH 1hr
9:00 am	CORE VINYASA LIZZ W. 75	CORE VINYASA CANDY 75	CORE VINYASA HEATHER 75	CORE VINYASA RACHEL 75	CORE VINYASA CANDY 75	CORE VINYASA MARIANA 75	CORE VINYASA SUSAN/TASHA 75
10:30 am		CORE VINYASA CHRIS. B 1hr		CORE VINYASA CHRIS. B 1hr			
11:00 am						CORE VINYASA AMANDA 1hr	CORE VINYASA LIZ M/TRACY K 1hr
12:00 pm	CORE VINYASA TRACY 1hr	CORE VINYASA KATIE 1hr	CORE VINYASA HEATHER 1hr	CORE VINYASA RACHEL 1hr	CORE VINYASA ALI 1hr		
2:00 pm						CORE VINYASA KATIE 1hr	
4:00 pm							COMMUNITY STEPHANIE 1hr
4:15 pm	CORE VINYASA CHRIS. B 1hr	CORE VINYASA TRACY 1hr	CORE VINYASA TRACY 1hr	CORE VINYASA CHRIS. B 1hr	CORE VINYASA TRACY/STEFAN 1hr		
5:30 pm							YIN YOGA 1hr
5:45 pm	CORE VINYASA KIERSTEN/VICTORIA 1hr	CORE VINYASA CHRIS. B 1hr	CORE VINYASA STEFAN 1hr	CORE VINYASA MADDIE 1hr	CORE VINYASA BETH/STEFAN 1hr	ARRIVE 15 MINUTES BEFORE YOUR FIRST CLASS	
7:00 pm	CORE VINYASA CORE TEACHER 1hr	CORE VINYASA CHRIS O 1hr	CORE VINYASA STEFAN 1hr	CORE VINYASA AMANDA 1hr	FACTS WE OFFER: TOWELS / MAT RENTAL / SHOWERS / PRIVATE CLASSES updates on events at: www.coreenergykc.com		
8:15 pm			YIN YOGA 75				

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